

February 26, 2020

ICF Certifying Board  
2365 Harrodsburg Road, Suite A325  
Lexington, KY 40505

**Re: Roman Förster, Application for ICF PCC Certification**

Dear Certification Official,

The following letter confirms record of completed course work at [www.CoachVille.com](http://www.CoachVille.com) as applicable to ICF Certification. Each course attended has been completed and attendance is verified as either live, where attendance code words were input during our 2016 – 2020 school years, or non-live, when the course attendance was either via Self Study or coursework was taken prior to the attendance tracking system being implemented.

Roman Förster registered as a CFCM (Center for Coaching Mastery) Starter Program Student on September 8, 2016.

**126.5 Hours of Live attendance and 14.5 Hours of Self Study tracked Coach Specific Training in the area of Core Competencies. Each course is part of our Accredited (ACTP) Coach Training Program:**

Play-Two-Win Method	– 22.0 Hours Live, 2.0 Hours Self Study
Basic Coaching: Skills and Ethics	– 10.0 Hours Live, 2.0 Hours Self Study
Proficiency Coaching	– 12.0 Hours Live
World Power Method	– 24.0 Hours Live
Deep Dive Core Competency Training	– 3.0 Hours Live, 10.5 Hours Self Study
WBECS	– 1.5 Hours Live
Coaching Practicum Observer	– 38.0 Hours Live
Coaching Practicum Participant	– 6.0 Hours Live
Mentor Coaching – Group Training (2/23 – 3/30/17 with Ales Vrana, PCC)	– 5 Hours Live
Mentor Coaching – Group Training (9/26 – 10/31/18 with Ales Vrana, PCC)	– 5 Hours Live

**Also as part of this program Roman Förster has satisfied his 10 Mentor Coaching Hours:**

Group Mentor Coaching – 7 hours of Group Mentor Coaching with an additional 3 hours of individual coaching completed for a total of 10 hours of mentor coaching over a period of at least four months. – 10 Hours Live

The individual hours were completed with Ales Vrana, PCC on 1/13/17, 2/3/17 and 10/26/17.

Sincerely,

Linda Drake  
[linda@coachville.com](mailto:linda@coachville.com)  
Director of Student Affairs

real coaching. pure fun.  
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